

WHICH ANIMAL DO YOU CONNECT WITH TODAY?

I can share my thinking like Wolf by:

- talking about the things I've learned
- working together and playing with others cooperatively
- listening and thinking about what others say about my ideas

I can be creative like Raven by:

- being playful and enjoying what I'm doing
- gathering ideas from others and making something new
- working to make my ideas come to life

I can be critical like Salmon by:

- watching a situation and deciding what I think
- asking questions and exploring my options
- experimenting when I'm trying to solve a problem

I can be reflective like Bear by:

- celebrating when I've done something I am proud of
- listening to my feelings no matter how I am feeling
- using calm down strategies to help me when I am upset

I can make the world a better place like Beaver by:

- noticing when there is a problem and working to solve it
- being kind and respectful to others
- working with others to clean up or make something better

I can honor my roots like Orca by:

- knowing who I am and what is important to me
- recognizing the things I am good at and working on things I need to improve
- understanding and appreciating my family's heritage